GOLD COAST (Start)

The Gold Coast may be known for its surf beaches and theme parks, but away from the crowded hotspots there are plenty of places to kick back on the coast. For a quiet swim, head south past Coolangatta and find a spot on the sand at Rainbow Bay. After you've dried off, pick up a bite to eat from one of the kiosks at The Strand and wander over to Snapper Rocks for picture-perfect sunset views.



BRISBANE (79.5km)

For a change of scenery, head north to Queensland's capital, Brisbane. Take a stroll through South Bank before stopping for a riverside picnic at the Brisbane City Botanic Gardens. Outside the CBD, enjoy seasonal treats at The Jam Pantry or, if you're looking to beat the heat, try one of the latest creations at Ballistic Beer Co. in Salisbury. To break up your drive between Brissie and Bribie Island, stop off at Redcliffe for a swim and some fish and chips at Suttons Beach.



BRIBIE ISLAND (86km)

Start your day on Bribie Island with a swim at Woorim Beach before grabbing a snack from local favourite, Little Mike's. After lunch, head to the Pacific Harbour Golf & Country Club to play a few holes at one of Queensland's most popular courses. If you're more of a history buff than a golfer, keep the afternoon free to check out the Bribie Island Seaside Museum and learn more about the island's unique role during World War II.



SUNSHINE COAST (96.5km)

Made up of over 100 kilometres of crystal-clear waters and white-sand beaches, the Sunshine Coast is a dream destination for outdoor travellers. If you're keen to surf with the locals, hire a board and head to Little Cove or, for a break from the beach, zip over to the banks of Obi Obi Creek and take a dip at Gardners Falls. After a long day in the sun, recharge with a hearty meal at Ocean Ended Restaurant & Bar in Maroochydore.

NOOSA HEADS (35km)

To top off an amazing road trip along the Pacific Coast Way, head north to Noosa Heads and enjoy a relaxing stay in one of Queensland's premier holiday destinations. Shop for some new threads on Hastings Street before joining the locals for a dip at Main Beach. As the sun goes down, wander over to Miss Moneypenny's for a cocktail and some share plates in their stylish front bar.

